

# September 2024

## Milwaukee Math and Science Academy

### K-12 Cold BF Menu



**MCFI**  
MILWAUKEE CENTER  
FOR INDEPENDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>	<b>3</b> WG Apple Cinnamon Cheerios WG Pretzel Goldfish 100% Fruit Juice Peach Raisins Choice of Milk	<b>4</b> WG Cinnamon Rockin'ola Yogurt Cup 100% Fruit Juice Fruit Cup Choice of Milk	<b>5</b> WG Banana Breakfast Bread Slice** 100% Fruit Juice Applesauce Cup Choice of Milk	<b>6</b> WG Honey Bunches of Oats Cereal Cheese Stick 100% Fruit Juice Seasonal Fruit Choice of Milk
<b>9</b>	<b>10</b> WG Cinnamon Flakes Cereal WG Maple Waffle Grahams 100% Fruit Juice Applesauce Cup Choice of Milk	<b>11</b> WG Triple Berry Crunch Dunker Bar** 100% Fruit Juice Fresh Banana Choice of Milk	<b>12</b> WG Strawberry Filled Bagel** 100% Fruit Juice Fruit Cup Choice of Milk	<b>13</b> <u>International Chocolate Day!</u> WG Chocolate Cocoa Puffs WG Strawberry Waffle Grahams 100% Fruit Juice Seasonal Fruit Choice of Milk
<b>16</b>	<b>17</b> WG Frosted Flakes Cereal WG Honey Grahams 100% Fruit Juice Applesauce Cup Choice of Milk	<b>18</b> WG Granola Crispy Bites Yogurt Cup 100% Fruit Juice Fresh Banana Choice of Milk	<b>19</b> WG Chex Cereal Cheese Stick 100% Fruit Juice Dried Fruit Choice of Milk	<b>20</b> WG Cinnamon Toast Crunch Soft Filled Bread** 100% Fruit Juice Seasonal Fruit Choice of Milk
<b>23</b>	<b>24</b> WG Strawberry Pop- Tart** 100% Fruit Juice Applesauce Cup Choice of Milk	<b>25</b> WG Strawberry Rockin'ola Yogurt Cup 100% Fruit Juice Fresh Banana Choice of Milk	<b>26</b> Managers Choice Breakfast 100% Fruit Juice Dried Fruit Choice of Milk	<b>27</b> Cherry Apple Crunch Dunker Bar** 100% Fruit Juice Seasonal Fruit Choice of Milk
<b>30</b>	WG Cinnamon Chex Cereal WG Mixed Berry Animal Crackers 100% Fruit Juice Applesauce Cup Choice of Milk		** indicated 2 oz grain equivalent item	<b>MILK FOR SCHOOLS:</b> SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE  MENU SUBJECT TO CHANGE

**MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

This institution is an equal opportunity provider.

### K-12 Cold Breakfast Menu