

AUGUST 2024

Milwaukee Math and Science Academy

K-12 Cold Breakfast Menu



MCFI
MILWAUKEE CENTER
FOR INDEPENDENCE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE | WG = Whole Grain Item ** indicates item is 2 oz equivalents of grain | | 1 WG Cinnamon Rockin'ola Yogurt Cup 100% Fruit Juice Dried Fruit Choice of Milk | 2 WG Cinnamon Bun Crunchmania Crackers** 100% Fruit Juice Dried Fruit Choice of Milk |
| 5 WG Triple Berry Crunch Dunker Bar** 100% Fruit Juice Apple Sauce Cups Choice of Milk | 6 WG Cheerios Cereal WG Cinnamon Crispy Bites 100% Fruit Juice Dried Fruit Choice of Milk | 7 WG Cinnamon Toast Crunch Soft Baked Bar** 100% Fruit Juice Fresh Banana Choice of Milk | 8 WG Honey Cheerios Cheese Stick 100% Fruit Juice Mixed Fruit Cup Choice of Milk | 9 Managers Choice Breakfast 100% Fruit Juice Seasonal Fruit Choice of Milk |
| 12 WG Pumpkin Breakfast Bread Slice** 100% Fruit Juice Applesauce Cup Choice of Milk | 13 WG Graham Crackers Yogurt Cup 100% Fruit Juice Tropical Fruit Cup Choice of Milk | 14 Assorted WG Cereal WG Cinnamon Goldfish Grahams 100% Fruit Juice Fresh Banana Choice of Milk | 15 WG Apple Cinnamon Cheerios Assorted WG Crackers 100% Fruit Juice Dried Fruit Choice of Milk | 16 WG NutriGrain Bar WG Pretzel Fish 100% Fruit Juice Seasonal Fruit Choice of Milk |
| 19 WG Frosted Flakes Cereal WG Chocolate Grahams 100% Fruit Juice Applesauce Cup Choice of Milk | 20 WG Lemon Chip Crunch Dunker Bar** 100% Fruit Juice Dried Fruit Choice of Milk | 21 WG RS Trix Cereal WG Honey Grahams 100% Fruit Juice Fresh Banana Choice of Milk | 22 Managers Choice Breakfast 100% Fruit Juice Pineapple Fruit Cup Choice of Milk | 23 WG Lemon Breakfast Bread Slice** 100% Fruit Juice Seasonal Fruit Choice of Milk |
| 26 WG Honey Bunches of Oats WG Cinnamon Crispy Bites 100% Fruit Juice Applesauce Cup Choice of Milk | 27 National Banana Lovers Day! WG Banana Muffin Cheese Stick 100% Fruit Juice Dried Fruit Choice of Milk | 28 WG Strawberry Rockin'ola Yogurt Cup 100% Fruit Juice Fresh Banana Choice of Milk | 29 WG Golden Grahams Cereal WG Cinnamon Goldfish Grahams 100% Fruit Juice Mixed Fruit Cup Choice of Milk | 30 Ultimate Breakfast Round** 100% Fruit Juice Seasonal Fruit Choice of Milk |

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MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.